

MAJOR SCALE EXERCISES 1

When practising scales don't only play from root to root, up then down. This is of very limited use as music never sounds like this, also you will quickly fall in to the habit of having a passive brain. You should be actively mentally engaged at all times when playing music. Play your scales using different inversions, start on different notes, play patterns of alternating notes, play from the lowest note to the highest note of your instrument, go down then up, play random leaps, etc, etc, etc. You should try to invent as many different variations as possible. There are an infinite number of variations. The only limitation is your imagination... Here are a few examples to get you started with. Play everything in all 12 keys. Work on two keys per day, one sharp and one flat.

Bb Major - down



Bb Major - down-starting on 5th



Bb Major - down in 3rds



Bb Major - down in 4 note groupings

